

**THURSDAY 21 MAY**

Time	Description	
07:50	<b>DOORS OPEN</b>	
08:00	01:00	<i>Extra Training</i>
09:00	00:30	<i>Training Tots Solo Dance</i>
09:30	00:30	<i>Training Mini Solo Dance</i>
10:00	00:45	<i>Training Espoir Solo Dance</i>
10:45	00:15	<i>Training Cadet/Youth Inline</i>
11:00	00:15	<i>Training Junior/Senior Inline</i>
11:15	00:15	<i>Training Tots/Mini/Espoir Dance</i>
11:30	00:15	<i>Training Cadet/Youth Dance</i>
11:45	00:15	<i>Training Junior/Senior Dance</i>
12:00	00:30	<i>Training Espoir Freeskating</i>
12:30	00:55	<b>Compulsory Tots Solo Dance</b>
13:25	01:50	<b>Compulsory Mini Solo Dance</b>
15:15	02:40	<b>Compulsory Espoir Solo Dance</b>
17:55	00:35	<b>Short Program Inline</b>
18:30	00:30	<b>Compulsory Couple Dance</b>
19:00	00:45	<b>Style Dance Couple Dance</b>
20:00	00:45	<b>OPENING CEREMONY</b>
20:45	00:30	<i>Training Cadet Freeskating</i>
21:15	00:45	<i>Training Cadet Solo Dance</i>
22:00	00:10	<i>Training Cadet/Youth Solo Dance Intermediaire</i>
22:10	00:10	<i>Training Junior/Senior Solo Dance Intermediaire</i>
22:20	01:00	<i>Extra Training</i>
23:20	<b>END OF SESSION</b>	

## FRIDAY 22 MAY

Time		Description
<b>07:30</b>		<b>DOORS OPEN</b>
08:30	00:10	<i>Training Tots/Mini/Espoir Inline</i>
08:40	00:15	<i>Training Youth Freeskating</i>
08:55	00:50	<b>Free Dance Tots Solo Dance</b>
09:45	01:05	<b>Free Dance Mini Solo Dance</b>
10:50	01:35	<b>Free Dance Espoir Solo Dance</b>
12:25	00:15	<b>AWARD CEREMONY</b>
12:40	00:30	<i>Training Youth Solo Dance</i>
13:10	00:30	<i>Training Senior Solo Dance</i>
13:40	00:45	<b>Intermediaire Solo Dance</b>
14:25	00:45	<b>Short Program Espoir Freeskating</b>
15:10	00:55	<b>Short Program Cadet Freeskating</b>
16:05	00:35	<b>Short Program Youth Freeskating</b>
16:40	01:55	<b>Style Dance Cadet Solo Dance</b>
18:35	01:15	<b>Style Dance Youth Solo Dance</b>
19:50	01:00	<b>Long Program Inline</b>
20:50	01:00	<b>Free Dance Couple Dance</b>
21:20	00:30	<b>AWARD CEREMONY</b>
21:50	00:45	<i>Training Junior Solo Dance</i>
<b>22:35</b>		<b>END OF SESSION</b>

## SATURDAY 23 MAY

Time		Description
<b>07:30</b>		<b>DOORS OPEN</b>
08:30	00:10	Training Cadet/Youth Freeskating Intermediaire
08:40	00:10	Training Junior/Senior Freeskating Intermediaire
08:50	00:10	Training Mini Freeskating
09:00	00:10	Training Tots Freeskating
09:10	02:10	<b>Free Dance Cadet Solo Dance</b>
11:20	01:30	<b>Free Dance Youth Solo Dance</b>
12:50	00:30	Training Junior Freeskating
13:20	00:30	Training Senior Freeskating
13:50	01:10	<b>Long Program Espoir Freeskating</b>
15:00	00:45	<b>Long Program Cadet Freeskating</b>
15:45	00:30	<b>Long Program Youth Freeskating</b>
16:15	01:00	<b>Short Program Junior Freeskating</b>
17:15	01:00	<b>Short Program Senior Freeskating</b>
18:15	00:45	<b>Intermediaire Freeskating</b>
19:00	01:55	<b>Style Dance Junior Solo Dance</b>
20:55	01:20	<b>Style Dance Senior Solo Dance</b>
22:15	00:30	<b>AWARD CEREMONY</b>
<b>22:45</b>		<b>END OF SESSION</b>

## SUNDAY 24 MAY

Time		Description
08:00		<b>DOORS OPEN</b>
09:00	02:10	<b>Free Dance Junior Solo Dance</b>
11:10	01:30	<b>Free Dance Senior Solo Dance</b>
12:40	00:10	<b>AWARD CEREMONY</b>
12:50	01:20	<i>Training Quartet</i>
14:10	00:35	<b>Long Program Tots Freeskating</b>
14:45	00:35	<b>Long Program Mini Freeskating</b>
15:20	00:50	<b>Long Program Junior Freeskating</b>
16:10	00:50	<b>Long Program Senior Freeskating</b>
17:00	00:20	<b>Quartet Cadet</b>
17:20	00:20	<b>Quartet Junior</b>
17:40	00:20	<b>Quartet Senior</b>
18:00	00:30	<b>AWARD CEREMONY</b>
18:30		<b>END OF SESSION</b>